



International Women's Day on March 8th is a day to celebrate the social, economic, cultural, and political achievements of women. We invite you to celebrate the women in your life by making a beautiful, yet simple, paper purple flower pin. Purple stands for justice and dignity and the green in the leaves stands for hope.

Library Resources

Try these subject headings, electronic resources, or check with reference staff for more materials:

- [Femininity](#)
- [Feminist theory](#)
- [Self-realization in women](#)
- [Self-actualization \(Psychology\) in women](#)
- [Sex discrimination against women](#)
- [Women — Health and hygiene](#)
- [Women — Psychology](#)
- [Menopause](#)

Great Courses by Kanopy

Collections:

[Early Women Filmmakers: An International Anthology](#) – highlights the work of 14 of early cinema's most innovative and influential women directors.

[Pioneering Women in Film Collection](#) – a series of 10 films showcasing the roles women have played in creating films.

[Women Make Film](#) – This epic exploration of filmmaking by women offers an essential and celebratory revisionist history of cinema told through the lenses of the world's greatest female directors.

Subjects:

- [Women in Society](#)
- [Gender Studies](#)
- [Notable Figures in Women's History](#)
- [Must-See Women's Studies](#)
- [Women's Rights](#)

Points to the Past

an interesting site to find millions of pages of digitized historical content and primary source materials such as maps, photographs, newspapers, manuscripts, pamphlets, poems, sermons, and much more. Search terms such as “women,” “feminist,” and “ladies” work well. No login is needed when accessing from within British Columbia.

Booklists

- [ORL Recommends – Empowering Reads for International Women's Day](#) (Kids & Teens)
- [ORL Reads for International Women’s Day](#) (Adults)
- [ORL Reads Films Featuring Strong Women](#)

Additional External Resources

[Confessions of a bad feminist \(TED Talk\)](#) by Roxane Gay - When writer Roxane Gay dubbed herself a "bad feminist," she was making a joke, acknowledging that she couldn't possibly live up to the demands for perfection of the feminist movement. But she's realized that the joke rang hollow. In a thoughtful and provocative talk, she asks us to embrace all flavors of feminism -- and make the small choices that, en masse, might lead to actual change.

[International Women’s Day](#) (official site) - International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. This site promotes and organizes International Women’s Day events, resources, and activities.

[International Women’s Day](#) (Canadian Women’s Foundation) – The Canadian Women’s Foundation is a national leader in the movement for gender equality in Canada. Through funding, research, advocacy, and knowledge sharing, we work to achieve systemic change.

[International Women’s Day](#) (Government of Canada) – The Government of Canada’s theme for International Women’s Day (IWD) 2022 is Women Inspiring Women. It celebrates all the women and girls who inspire us by demonstrating leadership in the choices they make in their day-to-day lives to contribute to the social, economic, cultural, and political spheres.

[Native Women’s Association of Canada](#) – NWAC was founded on the collective goal to enhance, promote, and foster the social, economic, cultural and political well-being of Indigenous women within their respective communities and Canada societies.

[UN Sustainability Goals](#) – Goal 5: Achieve gender equality and empower all women and girls. Gender equality is not only a fundamental human right, but a necessary foundation for a peaceful, prosperous, and sustainable world. Read and learn more about this goal.

UN Women – UN Women is the UN organization delivering programmes, policies and standards that uphold women’s human rights and ensure that every woman and girl lives up to her full potential.

Workout for Women’s Day – Stronger Together Vancouver’s week of free online workouts and fundraising for three Vancouver charities.

Fun Fact: International Men’s Day is November 19, 2022